

Small Business Saturday: Celebrating homegrown merchants

•**Buffalo Coffee Roastery** – 5844 Buffalo St., Sanborn: \$2 off a pound of coffee; \$1 off any flavored coffee. (Friday and Saturday)

•**Canterbury Place** – 547 Center St., Lewiston: Free gift with purchase. Coupon available Nov. 28 through Dec. 4 for Stonewall Kitchen and gourmet food.

•**Cathy's Hair Port** – 777 Cayuga St., Lewiston – Product special – buy two, get one free.

•**Chéri Amour** – 522 Center St., Lewiston: Small Business Week runs Nov. 21-29 with in-store promotions on all your favorites, including Kendra Scott, Vidda and T Jazelle.

•**Como Deli on Center Street** – 555 Center St., Lewiston: Homemade Italian dishes, soups, salads and subs.

•**Gentlemen's Club Barber Shop** – 5839 Buffalo St., Sanborn: \$10 haircuts. (Friday and Saturday)

•**Gleam & Glimmer Stained Glass Studio** – 34 Webster St., North Tonawanda: On Small Business Weekend, our popular pick-a-candy-cane sale. Discounts between 10% and 50% off one item under \$50 (exclusions apply); gift certificate special: purchase \$100 in gift certificates, get a \$25 bonus certificate.

•**The Great Foodini Pizzeria** – 2564 Academy St., Ransomville – Everything fresh and made in house, including subs, chicken tenders and fish fry.

•**Greg's Pools** – 840 Seneca St., Lewiston – Everything for your pool and spa; Abbi's Toy Corner; puzzles for the holiday shopping season.

•**H.A. Treichlers Greenhouse** – 2687 Saunders Settlement Road: Poinsettias available for the holidays. (Friday through Sunday)

•**Hurtin' 4 Curtains** – 469 Center St., Lewiston: For all your custom drapery needs.

•**Inspirations on Canvas** – 449 Center St., Lewiston: Take 10% off all in-store purchases (not including purchases of commissioned art or gift certificates). Enter to win one of five necklaces or a chance at one grand prize of a \$50 store gift certificate.

•**Kuntz Sanborn Mill** – 5890 Ward Road: Take 10% off each item more than \$1 (cash or check only). (Friday through Sunday)

•**Lewiston Antique Mall** – 2692 Saunders Settlement Road, Sanborn: Visit our vendors, who will offer discounts at their booths. (Friday through Sunday)

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here, and we ended up having to maintain those for the whole summer, because they couldn't get over to do anything with the pool. But overall, we've seen a lot of new people.

"I think a lot of people are putting money into their backyard, because they can't go away; so they're trying to make a little bit more fun for the kids at home. We've had a lot of people come in and looking for stuff to do around the house; so that kind of even helped out a little bit with the situation where people couldn't get out and do other things.

"We found a lot of people that have come in and bought stuff that said that they didn't want to buy stuff online and buy a bunch of foreign products online; they were gonna start making an effort to shop more local, try to get more stuff that's American made. And hopefully it'll continue after this is all over with, and they don't forget about that and go back to (chains).

"Sometimes the least expensive isn't the best way to go. And our prices are usually pretty competitive. We try to not to carry junk because, if we sell you something, we're married to that product for the rest of its life – servicing and things like that. Sometimes a few dollars that you save at the beginning just becomes a hassle trying to service it down the road."

Some 30 years ago, Greg's Pools began offering an assortment of sheds, which enabled customers to further define their backyard vacation pads.

"They've grown since we started out," he said. "It used to just be a little barn or a little shed. Now, you can get porches on them, and we sell them as pool houses and change houses now, too – and they can get quite nice. It's not just your standard what you would think is a box (or) a



Shopping small doesn't mean missing out on products. As shown inside Warren's Village Hardware and Hibbard's Old Portage Shop Wines & Liquors, Lewiston merchants have plenty to offer this holiday season.

wooden shed."

His wife, Michelle Robertson, explained, "During COVID, it's become a haven for people. They put up she-sheds, man-caves – whatever you want to call them. Some people have said, 'I've got to get away from my husband; got to get away from my wife; I need an office.' They put up sheds to put their office in, because they're working from home; kids are working in the house; they can't do what they're doing, so now they've got some place to go. It works out pretty nice."

The newest edition to Greg's Pools is Abbi's Toy Corner.

"Abigail is our 9-year-old, and she asked if she could have it as Abbi's Toy Corner," Michelle Robertson said. "It literally was supposed to be that very front corner (laughs), and she kind of just took over. In the next couple

weeks, you'll see more of the store will be taken over with the toy store."

Greg Robertson said, "The toys were something that Melissa & Doug was after us for quite a few years to start carrying toys, because we carry a few pool-related items and summer items. And we never did it, because there was a local toy store in town and they did a real nice job. And what happened is they retired, and then Toys R' Us closed up. And we have our youngest daughter; we were always having issues trying to find a decent gift when she had to go to a birthday party. You don't want to just go out and buy some junk.

"And so then we looked at the Melissa & Doug line again. And we brought that and it's kind of worked out nice, because it's given us a Christmas season that we

really didn't have with the pools and the spas. It wasn't a thing for that offseason. Because we didn't want to really get something that was more summertime, because we're so busy in the summer. So this has worked out nice."

Greg's Pools marked 40 years in operation in 2020.

"I always tell people when they come to Greg's Pools, and they

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Lewiston's 2020 Holiday Coloring Contest

Sponsored by
Tops Friendly Markets
906 Center St., Lewiston
215-1350

and
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Sentinel
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Kids 4-6 years, 7-9 years and 10-12 years may participate.
3 winners in each group will win great prizes!

The NFP office will be closed Thursday, November 26th and Friday, November 27th
Happy Thanksgiving
from all of us here at
nfp **Niagara Frontier Publications**
Island Dispatch • Grand Island PennySaver
Niagara-Wheatfield Tribune • Lewiston-Porter Sentinel
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Real Help For Your Health

Presented by
Dr. Glenda R. Rose
Chiropractor

Five Daily Anti-Aging Tips

1. **Hydration** is important for cellular function, so make sure you remember to drink water regularly throughout the day.
2. The **phytonutrients** (phyto- means plant) in plant-based foods are essential for health and wellness for our body and mind. Eat plenty of vegetables and low-sugar fruits (like organic strawberries & raspberries), every day.
3. **Rest** is necessary for your body to run optimally. The way to figure out how much sleep you need is to think about how much you sleep on a relaxing vacation, when you naturally fall asleep and wake up naturally without an alarm. The number of hours you get on a relaxing vacation per day is generally how much time your body is craving for sleep.
4. Take time to **have fun** with your loved ones. Social support and positive experiences have been noted in studies to be very beneficial to health.
5. Make sure to **keep your body moving** every day, even if it's just walking up and down the stairs at work or taking a noontime stroll around the block. Exercise is one of the keys to living a long, healthy life."

(excerpted from "to your Health")
Chiropractic can ease the "aging process" by improving joint mobility, correcting posture, breaking down scar tissue, soothing pain, improving circulation, increasing disc lubrication, enhancing immune function, balancing your nervous system and slowing degenerative arthritis of the spine. Rose Chiropractic, P.C. located at 435 Ridge St., Lewiston.
Call 754-9039 New patients are welcome.